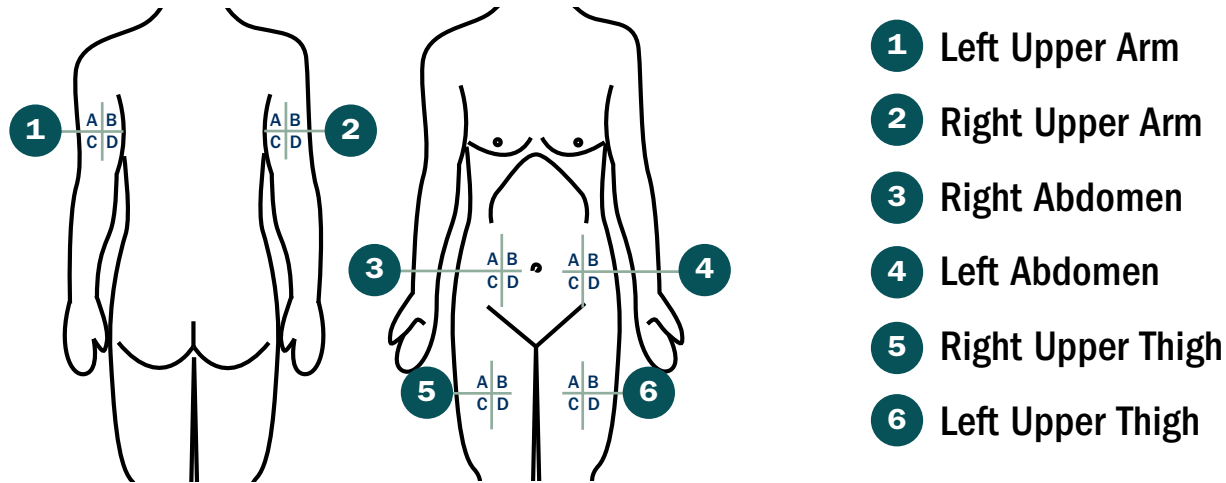


# PLANNER

# Injection Sites

The following sites are recommended for self-injection of your medicine: upper arms, abdomen and upper thighs. When using the upper arms, you might find it easier to have a caregiver help you. Remember, there are several injection areas within each site. When changing injection sites, be sure to also give injections at different areas within each site.



**Remember:** Changing injection sites is an important way to lessen how bad your injection site reactions get.

# Personal Information

## Patient

Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Medication Allergies: \_\_\_\_\_

Other Allergies: \_\_\_\_\_

*Emergency Contact:* \_\_\_\_\_

Phone: (     ) \_\_\_\_\_

E-mail: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

## Primary Healthcare Provider

Name: \_\_\_\_\_

Phone: (     ) \_\_\_\_\_

Fax: (     ) \_\_\_\_\_

E-mail: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

## Other Healthcare Provider

Name: \_\_\_\_\_

Phone: (     ) \_\_\_\_\_

Fax: (     ) \_\_\_\_\_

E-mail: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

## Pharmacy

Name: \_\_\_\_\_

Phone: (     ) \_\_\_\_\_

Fax: (     ) \_\_\_\_\_

E-mail: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

FUZEON™ (enfuvirtide) Rx #: \_\_\_\_\_  
\_\_\_\_\_

## Case Manager

Name: \_\_\_\_\_

Phone: (     ) \_\_\_\_\_

Fax: (     ) \_\_\_\_\_

E-mail: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

## Insurance Information

Company: \_\_\_\_\_

Member Number: \_\_\_\_\_

Group Number: \_\_\_\_\_

Phone: (     ) \_\_\_\_\_

Fax: (     ) \_\_\_\_\_

E-mail: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

## How to Use Your FUZEON™ *Planner*

Your FUZEON *Planner* can help you remember to change your daily injection sites. Inside, you will find a 12-month calendar. Each month is blank, so when you get your prescription and your FUZEON Patient Starter Kit/Travel Pak, you can fill in the months and dates, beginning with the month and date of your first prescription. Each month also has a “Notes” section where you can write important reminders for prescription refills and your appointments, or record injection site reactions and any other side effects you may experience. More blank pages are located in the back of the planner to write down any questions or comments you may want to talk about with your healthcare provider.

For more information on FUZEON, please see the patient package insert, [www.FUZEON.com](http://www.FUZEON.com) and 1-877-4 FUZEON (1-877-438-9366).

The inside flap of the planner has a picture of the human body showing each injection site listed by number. Since there are several possible injection areas within each numbered site, four lettered areas make it easy for you to write down the location of your last injection. Each day of the month has a space for writing down your morning and evening injections. Once you have given yourself an injection, write down the number of the injection site and the letter of the area you used. For example, you would write 2A to show that the shot was given in the upper right arm, upper left area. At the end of each day, you should have two **different** injection sites and areas written down. Using your planner will help you remember to change injection sites and areas and to take both doses each day as prescribed.



Figure 1: Your daily injection entry should look like this.

For additional details on FUZEON, please see the accompanying patient package insert. Please see FUZEON *Injection Instructions* enclosed with your medicine.

## A Few Reminders About Self-Injections

- The recommended sites for injection are the upper arms, abdomen and upper thighs
- **Do not** inject into moles, scars, bruises, your belly button or areas that could be bothered by a belt or waistband
- Avoid any injection sites that are still irritated from past injections
- Always change the injection site and area
- **Never inject the same site for your morning and evening doses**

**Be consistent.** Give yourself the injection at the same times each day.

Choose times that fit best into your routine.

**Have your partner, a friend or a family member with you if you need help.** If a caregiver is going to help you with your injections:

- Be sure they have learned how to give FUZEON injections properly from your healthcare provider
- Be sure they've read the *Caregiver's Guide to Injecting FUZEON*
- Have latex gloves ready for them
- If your caregiver is allergic to latex, talk to the pharmacy that provided the FUZEON

Please see *Your Guide to Taking FUZEON* or the *How to Prepare and Inject FUZEON* video for more information about choosing an injection site and instructions on preparing and injecting FUZEON. Step-by-step injection instructions are also included with your medicine.

For additional details on FUZEON, please see the accompanying patient package insert. Please see *FUZEON Injection Instructions* enclosed with your medicine.







Month

Year

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Month

Year

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Month

Year

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Month

Year

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# CD4 Cell Count

Above 500	<i>Example</i>								
500									
450									
400									
350									
300									
250									
200									
150									
100									
50									
Below 50		<i>X</i>							
<b>Lab Value</b>		<i>47</i>							
<b>Date</b>	<i>1/03</i>								





# Safety Information

FUZEON is a medicine called an HIV (human immunodeficiency virus) fusion inhibitor. FUZEON is always used with other anti-HIV medicines to treat adults and children ages 6 years and older with HIV infection. FUZEON is not used by itself to treat HIV infection.

FUZEON blocks HIV's ability to infect healthy CD4 cells. When used with other anti-HIV medicines, FUZEON can reduce the amount of HIV in the blood and increase the number of CD4 cells. This may keep your immune system healthy, so it can help fight infection.

**FUZEON does not cure HIV infection or AIDS.** People taking FUZEON may still get opportunistic infections or other conditions that can happen with HIV infection. **FUZEON does not reduce the risk of passing HIV to other people through unprotected sex, sharing needles or being exposed to blood.** The long-term effects of FUZEON are not known at this time. **For these reasons, it is very important that you remain under the care of your healthcare provider while taking FUZEON.**

## What Are the Possible Side Effects of FUZEON?

### Injection site reactions

FUZEON can cause injection site reactions. Almost all people get injection site reactions with FUZEON. Reactions are usually mild to moderate but occasionally may be severe. Reactions on the skin where FUZEON is injected include:

- itching
- swelling
- redness
- pain or tenderness
- hardened skin
- bumps

These reactions usually happen within the first week of FUZEON treatment and can happen again as you keep using FUZEON. A reaction at one skin injection site usually lasts for less than 7 days.

Injection site reactions may be worse when injections are given again in the same place on the body, or when the injection is given deeper than it should be (for example, into the muscle). If you are worried about the reaction you are having, call your healthcare provider to help you decide if you need medical care. **If the injection site reaction you are having is severe, call your healthcare provider right away.** If you have an injection site reaction, you can discuss with your healthcare provider ways to help the symptoms. An injection site can get infected. It is important to follow the FUZEON *Injection Instructions* to lower your chances of getting an injection site infection. **Call your healthcare provider right away if there are signs of infection at the injection site such as oozing, increasing heat, swelling, redness or pain.**

## **Pneumonia**

Patients with HIV get bacterial pneumonia more often than patients without HIV. Patients taking FUZEON with other HIV medicines got bacterial pneumonia more often than patients not receiving FUZEON. It is unclear if this was related to the use of FUZEON. **You should contact your healthcare provider right away if you have a cough, fever or trouble breathing.** Patients are more likely to get bacterial pneumonia if they had a low number of CD4 cells, increased amount of HIV in the blood, intravenous (injected into the vein) drug use, smoking or had experienced lung disease in the past. It is unclear if pneumonia is related to FUZEON.

## **Allergic reactions**

FUZEON can cause serious allergic reactions. Symptoms of a serious allergic reaction with FUZEON can include:

- trouble breathing
- fever with vomiting and a skin rash
- blood in your urine
- swelling of your feet

**Call your healthcare provider right away if you get any of these symptoms.**

## **Other side effects**

The following side effects were seen more often in patients using FUZEON with their other anti-HIV medicines than in patients not using FUZEON with their other anti-HIV medicines:

- pain and numbness in feet or legs
- loss of sleep
- depression
- decreased appetite
- weakness or loss of strength
- muscle pain
- constipation
- pancreas problems

These are not all the side effects of FUZEON. The list of side effects with FUZEON is **not** complete at this time because FUZEON is still being studied. FUZEON is still being studied in children. The safety of FUZEON in children under 6 years of age is not known. The side effects of FUZEON for HIV-positive children aged 6 through 16 years were the same as seen in adult patients.

If you have questions about side effects, ask your healthcare provider. **Report any new or worsening symptoms to your healthcare provider.** Your healthcare provider will tell you what to do and may be able to help you with these side effects.





**Genentech**  
*A Member of the Roche Group*